

MONDAY

Dish of the day

Flatbread pizza topped with bbq chicken & mozzarella cheese served with potato wedges

Vegetarian dish of the day

Flatbread pizza topped with mozzarella cheese and tomatoes

Allergy friendly meal variations available

Baked jacket potato bar

Oven baked jacket potato with a choice of grated cheddar cheese, tuna mayonnaise or crunchy coleslaw

Vegetable of the day Baked beans

Dessert

Greek yoghurt with honey or raspberry sauce

Fresh fruit platter

Watermelon, honeydew melon, pineapple, cut grapes and orange segments

Snack of the day Lemon drizzle cake

TUESDAY

Dish of the Day

Italian beef lasagne made with roasted vegetable & tomato sauce and layered with pasta sheets and cheese sauce

Vegetarian dish of the day

Italian vegetarian lasagne made with vegemince, roasted vegetable & tomato sauce and layered with pasta sheets and cheese sauce

Allergy friendly meal variations available

Baked jacket potato bar

Oven baked jacket potato with a choice of grated cheddar cheese, tuna mayonnaise or crunchy coleslaw

Vegetable of the day Steamed sweetcorn

Dessert

Greek yoghurt with honey or raspberry sauce

Fresh fruit platter

Watermelon, honeydew melon, pineapple, cut grapes and orange segments

Snack of the day Pesto swirl

WEDNESDAY

Dish of the Day

Honey roasted gammon or vegetarian 'chicken' roast served with roasted potatoes, vegetable of the day and gravy

Jacket of the day

Twice baked jacket potato stuffed with bacon, sour cream and cheddar & served with mixed salad

Allergy friendly meal variations available

Baked jacket potato bar

Oven baked jacket potato with a choice of grated cheddar cheese, tuna mayonnaise or crunchy coleslaw

Vegetable of the day

Steamed mixed fresh vegetables

Sweet treat Wednesday!

Jam sponge and custard or

Greek yoghurt with honey or raspberry sauce

Fresh fruit platter

Watermelon, honeydew melon, pineapple, cut grapes and orange segments

Snack of the day Savoury muffin

THURSDAY

Dish of the Day

Mildly spiced Thai red chicken curry made with lots of fresh vegetables, fresh coriander & coconut milk and served with steamed rice

Vegetarian dish of the day

Mildly spiced Thai red roasted sweet potato and butternut squash curry and served with steamed rice

Allergy friendly meal variations available

Baked jacket potato bar

Oven baked jacket potato with a choice of grated cheddar cheese, tuna mayonnaise or crunchy coleslaw

Vegetable of the day

Steamed sliced green beans

Dessert

Greek yoghurt with honey or raspberry sauce

Fresh fruit platter

Watermelon, honeydew melon, pineapple, cut grapes and orange segments

Snack of the day Iced bun

FRIDAY

THIS WEEK'S MENU

Week 1

Dish of the Day

Battered fish fillet or vegetable fingers served with baked freshly made olive oil chipped potatoes and tomato ketchup

Vegetarian dish of the day

New potato, chive and onion two egg omelette served with mixed salad

Allergy friendly meal variations available

Baked jacket potato bar

Oven baked jacket potato with a choice of grated cheddar cheese, tuna mayonnaise or crunchy coleslaw

Vegetable of the day

Steamed garden peas

Dessert

Greek yoghurt with honey or raspberry sauce

Fresh fruit platter

Watermelon, honeydew melon, pineapple, cut grapes and orange segments

Snack of the day

Chocolate brownie











THIS WEEK'S MENU

Week 2

Dish of the day

Chicken cacciatore
Chicken cooked in a tomato and
herb sauce and served with
penne pasta

Vegetarian dish of the day

Quorn cacciatore

Quorn cooked in a tomato and herb sauce and served with penne pasta

Allergy friendly meal variation

Baked jacket potato bar

Oven baked jacket potato with a choice of grated cheese, tuna sweetcorn mayonnaise or honey roasted ham

Vegetable of the day Steamed sweetcorn

Dessert

Greek yoghurt with honey or raspberry sauce

Fresh fruit platter

Watermelon, honeydew melon, pineapple, cut grapes and orange segments

Snack of the day Chocolate Krispy

TUESDAY

Dish of the Day

Cottage pie made with beef, vegetables, rich gravy and topped with olive oil mash

Vegetarian dish of the day

Veggie mince cottage pie made with vegetables, rich gravy and topped with olive oil mashed potatoes

Allergy friendly meal variation available

Baked jacket potato bar

Oven baked jacket potato with a choice of grated cheese, tuna sweetcorn mayonnaise or honey roasted ham

Vegetable of the day Steamed garden peas

Dessert

Greek yoghurt with honey or raspberry sauce

Fresh fruit platter

Watermelon, honeydew melon, pineapple, cut grapes and orange segments

Snack of the day

Pork or vegetarian sausage roll

WEDNESDAY

Dish of the Day

Roast chicken or vegetarian 'chicken' roast served with sage and onion stuffing, roasted potatoes, vegetables of the day and gravy

Vegetarian dish of the day

Mexican roasted vegetable & mixed bean enchilada topped with Cajun bbq sauce & cheddar cheese and served with vegetables of the day

Allergy friendly meal variation available

Baked jacket potato bar

Oven baked jacket potato with a choice of grated cheese, tuna sweetcorn mayonnaise or honey roasted ham

Vegetable of the day

Steamed mixed fresh vegetables

Sweet treat Wednesday

Chocolate sponge and chocolate sauce

or

Greek yoghurt with honey or raspberry sauce

Fresh fruit platter

Watermelon, honeydew melon, pineapple, cut grapes and orange segments

Snack of the day

Pitta with hummus dip

THURSDAY

Dish of the Day

Italian pork and beef meatballs served with marinara sauce and pasta shells

Vegetarian dish of the day

Linda McCartney vegetarian meatballs served with marinara sauce and pasta shells

Allergy friendly meal variation available

Baked jacket potato bar

Oven baked jacket potato with a choice of grated cheese, tuna sweetcorn mayonnaise or honey roasted ham

Vegetable of the day

Steamed green beans

Dessert

Greek yoghurt with honey or raspberry sauce

Fresh fruit platter

Watermelon, honeydew melon, pineapple, cut grapes and orange segments

Snack of the day

Fruity flapjack

FRIDAY

Dish of the Day

Oven baked breaded fish fillet or vegetable fingers served with baked freshly made olive oil chipped potatoes

Vegetarian dish of the day

Calzone (folded pizza) filled with roasted vegetables, tomato sauce and mozzarella

Allergy friendly meal variation available

Baked jacket potato bar

Oven baked jacket potato with a choice of grated cheese, tuna sweetcorn mayonnaise or honey roasted ham

Vegetable of the day

Baked beans

Dessert

Greek yoghurt with honey or raspberry sauce

Fresh fruit platter

Watermelon, honeydew melon, pineapple, cut grapes and orange segments

Snack of the day

Iced cup cake with 100's & 1000's











THIS WEEK'S MENU

Week 3

Dish of the Day

Beef chilli made with roasted fresh vegetables, tomato and coriander sauce & served with rice

Vegetarian dish of the day

Vegemince chilli made with roasted fresh vegetables, tomato and coriander sauce & served with rice

Allergy friendly meal variation available

Baked jacket potato bar

Oven baked jacket potato with a choice of tuna mayonnaise, grated cheddar cheese or crunchy coleslaw

> Vegetable of the day Roasted fresh carrots

Dessert

Greek yoghurt with honey or raspberry sauce

Fresh fruit platter

Watermelon, honeydew melon, pineapple, cut grapes and orange segments

Snack of the day Shortbread cookie

TUESDAY

Dish of the Day

Chicken dippers

Baked crumbed chicken breast
served with tomato sauce and
potato wedges

Vegetarian dish of the day

Veggie 'chicken' dippers
Baked crumbed Quorn
served with tomato sauce and
potato wedges

Allergy friendly meal variation available

Baked jacket potato bar

Oven baked jacket potato with a choice of tuna mayonnaise, grated cheddar cheese or crunchy coleslaw

> Vegetable of the day Steamed sweetcorn

Dessert

Greek yoghurt with honey or raspberry sauce

Fresh fruit platter

Watermelon, honeydew melon, pineapple, cut grapes and orange segments

Snack of the day
Pizza muffin

WEDNESDAY

Dish of the Day

Roast beef or vegetarian 'chicken' roast served with Yorkshire pudding, roasted potatoes and vegetables of the day

Vegetarian dish of the day

Greek feta, courgette and tomato frittata served with vegetables of the day or salad Allergy friendly meal variation available

Baked jacket potato bar

Oven baked jacket potato with a choice of tuna mayonnaise, grated cheddar cheese or crunchy coleslaw

Vegetable of the day

Steamed mixed fresh vegetables

Sweet treat Wednesday

Sticky toffee pudding and custard

or

Greek yoghurt with honey or raspberry sauce

Fresh fruit platter

Watermelon, honeydew melon, pineapple, cut grapes and orange segments

Snack of the day

Thickly sliced freshly baked bloomer bread with dairy free spread

THURSDAY

Dish of the Day

Mild spiced chicken jalfrezi made with spices, vegetables, tomatoes and served with steamed basmati rice

Vegetarian dish of the day

Mild spiced quorn jalfrezi made with spices, vegetables, tomatoes and served with steamed basmati rice

Allergy friendly meal variation available

Baked jacket potato bar

Oven baked jacket potato with a choice of tuna mayonnaise, grated cheddar cheese or crunchy coleslaw

Vegetable of the day Steamed green beans

Dessert

Greek yoghurt with honey or raspberry sauce

Fresh fruit platter

Watermelon, honeydew melon, pineapple, cut grapes and orange segments

Snack of the day

Double chocolate chip cookie

FRIDAY

Dish of the Day

Oven baked fishy fingers or vegetable fingers served with baked freshly made olive oil chipped potatoes

Jacket of the day

Baked jacket topped with chilli and grated cheddar

Allergy friendly meal variation available

Baked jacket potato bar

Oven baked jacket potato with a choice of mayonnaise, grated cheddar cheese or crunchy coleslaw

Vegetable of the day

Baked beans

Dessert

Greek yoghurt with honey or raspberry sauce

Fresh fruit platter

Watermelon, honeydew melon, pineapple, cut grapes and orange segments

Snack of the day
Banana muffin







