# THIS WEEK'S MENU



### **MONDAY**

### Dish of the day

Freshly made mini beef burger in a brioche bun and served with sweet potato wedges

# Vegetarian dish of the day

Freshly made mini vegetarian burger in a brioche bun and served with sweet potato wedges

# Baked jacket potato bar

Oven baked jacket potato with a choice of grated cheddar cheese, tuna mayonnaise or crunchy coleslaw

# Vegetable of the day

Steamed sweetcorn

### **Desserts**

Freshly made yoghurt with honey

Fresh fruit

Baked chocolate sponge served with chocolate sauce

### **TUESDAY**

### Dish of the Day

Mildly spiced Thai red chicken curry made with coconut milk, fresh vegetables, herbs and spices & served with rice

# Vegetarian dish of the day

Thai red vegetable curry made with Quorn, coconut milk, fresh vegetables, herbs and spices & served with rice

# Baked jacket potato bar

Oven baked jacket potato with a choice of grated cheddar cheese, tuna mayonnaise or crunchy coleslaw

# Vegetable of the day

Steamed whole green beans

### **Desserts**

Freshly made yoghurt with honey

Fresh fruit

Crispy cornflake cookie

### WEDNESDAY

# Dish of the Day

Roasted leg of pork or Quorn roast served with roasted potatoes, sage and onion stuffing, vegetable of the day and gravy

### Vegetarian dish of the day

Double baked jacket potato stuffed with onions and cheddar cheese & served with mixed salad or vegetable of the day

# Baked jacket potato bar

Oven baked jacket potato with a choice of grated cheddar cheese, tuna mayonnaise or crunchy coleslaw

# Vegetable of the day

Steamed broccoli, cauliflower and carrots

### Desserts

Freshly made yoghurt with honey

Fresh fruit

Apple crumble and custard

### **THURSDAY**

### Dish of the Day

Italian beef lasagne made with tomatoes, fresh vegetables and fresh herbs, layered with cheddar sauce and lasagne sheets

### Vegetarian dish of the day

Italian roasted vegetable lasagne made with tomatoes, fresh vegetables and fresh herbs, layered with cheddar sauce and lasagne sheets

# Baked jacket potato bar

Oven baked jacket potato with a choice of grated cheddar cheese, tuna mayonnaise or crunchy coleslaw

# Vegetable of the day

Steamed carrots

### Desserts

Freshly made yoghurt with honey

Fresh fruit

Rainbow cookies

### **FRIDAY**

### Dish of the Day

Battered fish fillet or vegetarian fishless fingers served with olive oil roasted potato wedges and tomato ketchup

## Vegetarian dish of the day

Creamy mushroom risotto made with Arborio rice, parmesan cheese and served with tossed mixed salad

# Baked jacket potato bar

Oven baked jacket potato with a choice of grated cheddar cheese, tuna mayonnaise or crunchy coleslaw

# Vegetable of the day

Steamed garden peas

### Desserts

Freshly made yoghurt with honey

Fresh fruit

Pineapple upside down sponge and custard









# THIS WEEK'S MENU



# Dish of the day

Ham and mozzarella pizza Wholemeal base topped with tomato sauce, ham and mozzarella & served with seasoned potato wedges

# Vegetarian dish of the day

Cheese and tomato pizza Wholemeal base topped with tomato sauce, roasted tomatoes and mozzarella & served with seasoned potato wedges

# Baked jacket potato bar

Oven baked jacket potato with a choice of grated red Leicester cheese, tuna sweetcorn mayonnaise or honey roasted gammon

# Vegetable of the day

Steamed sweetcorn

#### **Desserts**

Freshly made yoghurt with honey

Fresh fruit

Chocolate beetroot brownie

### **TUFSDAY**

### Dish of the Day

Creamy chicken and vegetable pie made with fresh vegetables & fresh herbs, topped with a puff pastry lid and served with mashed potatoes

### Vegetarian dish of the day

Creamy Quorn and vegetable pie made with fresh vegetables & fresh herbs, topped with a puff pastry lid and served with mashed potatoes

### Baked jacket potato bar

Oven baked jacket potato with a choice of grated red Leicester cheese, tuna sweetcorn mayonnaise or honey roasted gammon

# Vegetable of the day

Roasted root vegetables

### **Desserts**

Freshly made yoghurt with honev

Fresh fruit

Sticky toffee pudding served with custard

### WFDNFSDAY

### Dish of the Day

Quorn roast served with sauce, roasted potatoes & vegetable of the day and gravy

Oven baked roasted Mediterranean vegetable and with vegetables of the day or tossed mixed salad

### Baked jacket potato bar

Oven baked jacket potato with a choice of grated red Leicester cheese, tuna sweetcorn mayonnaise or honey roasted gammon

Steamed fresh green cabbage

#### Desserts

Freshly made yoghurt with honey

Lemon and blueberry muffin

### **THURSDAY**

### Dish of the Day

Italian sausage meatballs topped with tomato and fresh herb sauce and served with pasta & a wedge of garlic bread

# Vegetarian dish of the day

Italian Quorn sausage meatballs topped with tomato and fresh herbs sauce and served with pasta & a wedge of garlic bread

### Baked jacket potato bar

Oven baked jacket potato with a choice of grated red Leicester cheese, tuna sweetcorn mayonnaise or honey roasted gammon

# Vegetable of the day

Steamed green beans

### **Desserts**

Freshly made yoghurt with honey

Fresh fruit

Toffee apple lattice pie served with custard

### **FRIDAY**

### Dish of the Day

Oven baked breaded fish fillet or vegetarian fishless fingers served with thick cut chipped potatoes

### Vegetarian dish of the day

Pan fried potato rosti topped with rarebit and served with tossed mixed salad

### Baked jacket potato bar

Oven baked jacket potato with a choice of grated red Leicester cheese, tuna sweetcorn mayonnaise or honey roasted gammon

# Vegetable of the day

Baked beans

### **Desserts**

Freshly made yoghurt with honev

Fresh fruit

Chocolate krispie with chocolate sauce









Roasted topside of beef or Yorkshire pudding, horseradish

### Vegetarian dish of the day

parmesan cheese frittata served

# Vegetable of the day

Fresh fruit

03.02.20

Week commencing:

13.01.20 02.03.20

# THIS WEEK'S MENU



### **MONDAY**

## Dish of the Day

Saucy crispy bacon and cheddar macaroni cheese served with a wedge of wholemeal garlic bread

# Vegetarian dish of the day

Saucy macaroni cheese served with a wedge of wholemeal garlic bread

# Baked jacket potato bar

Oven baked jacket potato with a choice of bbq beans topped with grated cheddar cheese, chicken & bacon mayonnaise or crunchy coleslaw

# Vegetable of the day Steamed green beans

### **Desserts**

Freshly made yoghurt with honey

Fresh fruit

Chocolate dipped shortbread

## **TUESDAY**

## Dish of the Day

Chicken goujons

Baked wholemeal bread
crumbed chicken breast strips
served with bbq sauce and
sweet potato wedges

# Vegetarian dish of the day

Baked wholemeal breaded quorn strips served with bbq sauce and sweet potato wedges

# Baked jacket potato bar

Oven baked jacket potato with a choice of bbq beans topped with grated cheddar cheese, chicken & bacon mayonnaise or crunchy coleslaw

# Vegetable of the day

Steamed sweetcorn

### Desserts

Freshly made yoghurt with honey

Fresh fruit

Banana and toffee pudding served with custard

### **WEDNESDAY**

### Dish of the Day

Honey roasted gammon or quorn roast served with roasted potatoes, vegetables of the day and gravy

# Vegetarian dish of the day

Mexican roasted vegetable and mixed bean quesadilla served with tossed mixed salad

# Baked jacket potato bar

Oven baked jacket potato with a choice of bbq beans topped with grated cheddar cheese, chicken & bacon mayonnaise or crunchy coleslaw

# Vegetable of the day

Steamed fresh cauliflower and broccoli

### Desserts

Freshly made yoghurt with honey

Fresh fruit

Orange, oat and sultana cookie

### **THURSDAY**

# Dish of the Day

Creamy chicken tikka masala made with fresh herbs and spices, roasted vegetables and finished with coconut milk & served with rice

## Vegetarian dish of the day

Creamy quorn tikka masala made with fresh herbs and spices, roasted vegetables and finished with coconut milk & served with rice

# Baked jacket potato bar

Oven baked jacket potato with a choice of bbq beans topped with grated cheddar cheese, chicken & bacon mayonnaise or crunchy coleslaw

# Vegetable of the day

Steamed fresh carrots

### Desserts

Freshly made yoghurt with honey

Fresh fruit

Fruits of the forest flapjack crumble and custard

### **FRIDAY**

# Dish of the Day

Oven baked fishy fingers or vegetarian fishless fingers served with thick cut oven baked potato wedges

### Vegetarian dish of the day

Flatbread pizza topped with roasted Mediterranean vegetables and mozzarella cheese and served with tossed mixed salad

## Baked jacket potato bar

Oven baked jacket potato with a choice of bbq beans topped with grated cheddar cheese, chicken & bacon mayonnaise or crunchy coleslaw

# Vegetable of the day

Baked beans

#### **Desserts**

Freshly made yoghurt with honey

Fresh fruit

Iced cupcakes sprinkled with hundreds and thousands







