

THIS WEEK'S MENU

MONDAY

Dish of the Day Chinese chicken curry served with steamed rice

Vegetarian Option Chinese vegetable curry and steamed rice

Snack Option

Filled jacket potato

served with salad and either

tuna & sweetcorn mayo,

Coronation chicken, coleslaw

or cheese

Veg of the day

Cut fresh fruit

Yoghurt with honey

Gooey chocolate fudge

brownie

TUESDAY

Dish of the Day Slow cooked BBQ pulled pork served with seasoned potato wedges

Vegetarian Option Vegetarian meatballs served with Italian tomato sauce and penne pasta

Snack Option Filled jacket potato served with salad and either tuna & sweetcorn mayo, Coronation chicken, coleslaw

or cheese

Veg of the day

Cut fresh fruit

Yoghurt with honey

Jelly and ice-cream

w Coronation chicken, coleslaw or cheese Veg of the day

Cut fresh fruit Yoghurt with honey

St Clements sponge

WEDNESDAY

Dish of the Dav

Roast Turkey with roast

potatoes and gravy

Vegetarian Option

Ouorn roast with roast

potatoes and gravy

Snack Option

Filled jacket potato

served with salad and either

tuna & sweetcorn mayo,

Snack Option Filled jacket potato served with salad and either tuna & sweetcorn mayo, Coronation chicken, coleslaw or cheese

THURSDAY

Dish of the Dav

Mexican beef chilli served

with rice

Vegetarian Option

Vegetable Mexican chilli

served with rice

Veg of the day

Cut fresh fruit Yoghurt with honey

Chocolate dipped biscuits

FRIDAY

Dish of the Day Breaded fish fingers served with chipped potatoes

Vegetarian Option Cheese & roasted vegetable flat bread pizza

Snack Option Filled jacket potato served with salad and either tuna & sweetcorn mayo, Coronation chicken, coleslaw or cheese

Veg of the day

Cut fresh fruit Yoghurt with honey

Iced sponge



Week commencing:

22/04/2019 13/05/2019 10/06/2019 01/07/2019





THIS WEEK'S MENU

MONDAY

Dish of the Day Italian beef bolognaise served with pasta

Vegetarian Option

Vegetarian Italian quorn mince bolognaise served with pasta

Snack Option

Filled jacket potato served with salad and either tuna & sweetcorn mayo, Coronation chicken, coleslaw or cheese

Veg of the day

Cut fresh fruit

Yoghurt with honey

Chocolate sponge with

chocolate sauce

Dish of the Day Creamy chicken korma made with coconut milk & served with rice

TUESDAY

Vegetarian Option Creamy vegetable korma made with coconut milk and served with rice

Snack Option Filled jacket potato served with salad and either tuna & sweetcorn mayo, Coronation chicken, coleslaw or cheese

Veg of the day

Cut fresh fruit

Yoghurt with honey

Cornflake tart

Snack Option Filled jacket potato ther served with salad and either o, tuna & sweetcorn mayo, slaw Coronation chicken, coleslaw or cheese

Veg of the day

WEDNESDAY

Dish of the Dav

Honey roasted gammon

served with roasted

potatoes

Vegetarian Option

Roasted vegetable chilli

nachos

Cut fresh fruit Yoghurt with honey

Fairy cakes

THURSDAY

Dish of the Day Oven baked pork sausages with garlic and herb potatoes

Vegetarian Option Vegetarian Sausages with garlic and herb potatoes

Snack Option Filled jacket potato served with salad and either tuna & sweetcorn mayo, Coronation chicken, coleslaw or cheese

Veg of the day

Cut fresh fruit Yoghurt with honey

Toffee flapjack

FRIDAY

Dish of the Day Cheese & tomato pizza, chips and tomato ketchup

Vegetarian Option

Sweetcorn, cheddar, tomato, red onion and fresh coriander pizza

Snack Option

Filled jacket potato served with salad and either tuna & sweetcorn mayo, Coronation chicken, coleslaw or cheese

Veg of the day

Cut fresh fruit Yoghurt with honey

Lemon drizzle



Week commencing: 29/0





THIS WEEK'S MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| Dish of the Day Chicken tikka masala made with tomatoes, coconut milk, fresh herbs & spices and served with rice | Dish of the Day Oven baked turkey lasagne served with garlic bread | Dish of the Day Roasted pork served with roast potatoes and gravy | Dish of the Day Mediterranean meatballs served with tomato and basil sauce and pasta | Dish of the Day Breaded fish goujons served with chips |
| Vegetarian Option Quorn tikka masala made tomatoes, coconut milk, fresh herbs & spices and served with rice | Vegetarian Option Oven roasted vegetable lasagne served with garlic bread | Vegetarian Option Quorn roast served with, roast potatoes and gravy | Vegetarian Option Vegetarian Mediterranean patties served with tomato and basil sauce and pasta | Vegetarian Option Flatbread topped with tomatoes and mozzarella cheese |
| Snack Option Filled jacket potato served with salad and either tuna & sweetcorn mayo, Coronation chicken, coleslaw or cheese | Snack Option Filled jacket potato served with salad and either tuna & sweetcorn mayo, Coronation chicken, coleslaw or cheese | Snack Option Filled jacket potato served with salad and either tuna & sweetcorn mayo, Coronation chicken, coleslaw or cheese | Snack Option Filled jacket potato served with salad and either tuna & sweetcorn mayo, Coronation chicken, coleslaw or cheese | Snack Option Filled jacket potato served with salad and either tuna & sweetcorn mayo, Coronation chicken, coleslaw or cheese |
| Veg of the day |
| Cut fresh fruit Yoghurt with honey |
| Marble sponge served with custard | Orange biscuits | Carrot cake | Chocolate crispy served with chocolate sauce | Strawberry & rhubarb crumble pie |
| COGNITA TEACHING EXCELLENCE | | Week commencing: | 06/05/2019 03/06/2019 24/06/2019 | |